

Privacy Practices

FIMB Counseling & Consulting PLLC

Your Privacy Matters Here

At FIMB Counseling & Consulting PLLC, we are deeply committed to protecting your privacy and honoring the trust you place in this space.

This page explains how your information may be used, how it is protected, and the steps we take to safeguard your personal and health information.

Important Note About Website Communication

While this website is designed to provide helpful information about our services:

- It is **not a secure platform for transmitting Protected Health Information (PHI)**
- Submitting a contact form or email does **not establish a therapeutic relationship**
- Please avoid sharing sensitive or personal health details through this website

Once you become a client, all communication will take place through a **secure, HIPAA-compliant client portal**.

How Your Information Is Protected

We take privacy seriously and use secure systems to protect your information.

All clinical services, records, and communication are managed through a **HIPAA-compliant platform (SimplePractice)**, which includes:

- Encrypted messaging
 - Secure scheduling
 - Protected documentation and records
 - Confidential telehealth sessions
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How Your Information May Be Used

Your information may be used in the following ways:

- **Treatment:** To provide and coordinate your care
- **Payment:** To process payments or insurance claims
- **Healthcare Operations:** To support the functioning of the practice

We only use or share the **minimum necessary information** required.

When Information May Be Shared

Your information may be disclosed when required or permitted by law, including:

- Risk of harm to yourself or others
- Suspected abuse or neglect
- Court orders or legal requirements

Outside of these situations, your information is **not shared without your written consent**.

Your Rights

You have the right to:

- Access your records
 - Request corrections to your information
 - Request limits on how your information is used
 - Request confidential communication methods
 - Receive a copy of our full Notice of Privacy Practices
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Electronic Communication & Telehealth

We offer telehealth and digital services through secure platforms. While we take every precaution, electronic communication carries some inherent risk.

You will always have the option to discuss your preferences for communication.

No Emergency Services

This practice does not provide emergency services.

If you are experiencing a crisis, please call:

- 911
 - 988 (Suicide & Crisis Lifeline)
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Questions or Concerns

If you have questions about your privacy or how your information is handled, please contact:

FIMB Counseling & Consulting PLLC
4050 Pennsylvania Ave
Ste 115 #33
Kansas City, MO 64111

Filing a Complaint

If you believe your privacy rights have been violated, you may file a complaint with:

- Our practice (contact above), or
- The U.S. Department of Health & Human Services

You will not be penalized for filing a complaint.

Access to Full Notice

A full **Notice of Privacy Practices (NPP)** is provided to all clients upon intake and is available upon request.

This website is not a secure means of communication. Please do not submit confidential or sensitive information through contact forms.